



LIFE SAVING RULES POLICY

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**NAVIGATOR SHIPPING COMPANY
LIFE SAVING RULE**



Plan the work, assess and Control the risks involved



whilst driving, do not use your phone or exceed speed limit



Wear your seat belt



Obtain authorization before Entering a confined space



No alcohol or drugs while working or driving



Position yourself in a safe zone in relation to moving equipment



Protect yourself against a fall When working at height



Do not go under a suspended load



Conduct gas tests when require



Work with a valid work Permit when required



do not smoke outside designated smoking areas



Wear a personal floatation device when require

